

Liberty ES

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
9/29/2025 Korean Beef Seasoned Rice Francais Vegetables Assorted Fresh & Canned Fruit Assorted Milk Variety	9/30/2025 Hot Ham and cheese on a Pretzel Bun Tomato Soup, Gold Fish Tossed Salad Assorted Fresh & Canned Fruit Assorted Milk Variety	10/1/2025 Greek Mainated Chicken Thighs Pita, Tzatziki Israeli Salad, Lemon Dill Couscous Assorted Fresh & Canned Fruit Assorted Milk Variety	10/2/2025 Cheeseburger on WG Bun Homemade Baked Beans Potato Wedges Pickle Spears Assorted Fresh & Canned Fruit Assorted Milk Variety	10/3/2025 Assorted Pizza Choices Tossed Salad Baby Carrots With Ranch Assorted Fresh & Canned Fruit Assorted Milk Variety
10/6/2025 Chicken Patty Sandwich Pickles Coleslaw, Confetti Corn Assorted Fresh & Canned Fruit Assorted Milk Variety	10/7/2025 Pasta with Meat Sauce Cucumber Salad Assorted Fresh & Canned Fruit Assorted Milk Variety	10/8/2025 Chicken Nuggets Tater Tots Carrots Assorted Fresh & Canned Fruit Assorted Milk Variety	10/9/2025 Cheese Omelet Sausage Patty Hashbrowns, Biscuit Assorted Fresh & Canned Fruit Assorted Milk Variety	10/10/2025 LCSD No School - Confrence Day
10/13/2025 LCSD No School - Columbus Day	10/14/2025 BBQ Chicken Bowl Mashed Potatoes Corn, Cheddar, Cornbread Assorted Fresh & Canned Fruit Assorted Milk Variety	10/15/2025 Chicken Stir Fry Oriental Vegetables Rice, Chow Mein Noodles Assorted Fresh & Canned Fruit Assorted Milk Variety	10/16/2025 Stuffed Shells Tossed Salad Garlic Bread Stick Assorted Fresh & Canned Fruit Assorted Milk Variety	10/17/2025 Assorted Pizza Choices Greek Salad Assorted Fresh & Canned Fruit Assorted Milk Variety
10/20/2025 Cheeseburger on a Bun Coleslaw Sweet Potato Fries Assorted Fresh & Canned Fruit Assorted Milk Variety	10/21/2025 Cheese Baked Ziti Roasted Zucchini and Squash Three Bean Salad Assorted Fresh & Canned Fruit Assorted Milk Variety	10/22/2025 Swedish Meatballs Egg Noodles Peas Assorted Fresh & Canned Fruit Assorted Milk Variety	10/23/2025 NYS Thursday Maple BBQ Baked Leg Quarters Kale Salad with Apple Vin Baked Potatoes Harvest Cookies Assorted Fresh & Canned Fruit Assorted Milk Variety	10/24/2025 Assorted Pizza Carrot Sticks with Ranch 1/0/1900 Assorted Fresh & Canned Fruit Assorted Milk Variety
10/27/2025 Meatball Hero's on a Sub Roll Balsamic Tomato Salad Assorted Fresh & Canned Fruit Assorted Milk Variety	10/28/2025 Grilled Cheese & Tomato Soup Goldfish Crackers Fresh Broccoli & Ranch Assorted Fresh & Canned Fruit Assorted Milk Variety	10/29/2025 BREAKFAST FOR LUNCH! Waffles Housemade Strawberry Sauce, Sausage Hashbrowns Assorted Fresh & Canned Fruit Assorted Milk Variety	10/30/2025 Beef Tacos with Soft Tortilla Shell Lettuce, Tomato, Onions Refried Beans, Sour Cream, Salsa, Rice Assorted Fresh & Canned Fruit Assorted Milk Variety	10/31/2025 Assorted Pizza Choices Celery and Carrot Sticks with Ranch Assorted Fresh & Canned Fruit Assorted Milk Variety