Liberty MS & HS		OCTOBER		
Monday	Tuesday	Wednesday	Thursday	Friday
9/29/2025	9/30/2025	10/1/2025	10/2/2025	10/3/2025
Korean Beef	Hot Ham and cheese on a Pretzel Bun	Greek Mainated Chicken Thighs	Cheeseburger on WG Bun	Assorted Pizza Choices
Seasoned Rice	Tomato Soup, Gold Fish	Pita, Tzatziki	Homemade Baked Beans	Tossed Salad
Francais Vegetables	Tossed Salad	Israeli Salad, Lemon Dill Couscous	Potato Wedges	Baby Carrots With Ranch
			Pickle Spears	
Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit
Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety
10/6/2025	10/7/2025	10/8/2025	10/9/2025	10/10/2025
Nashville Chicken Hot or Not on WG Bun	Pasta with Meat Sauce	Pulled Chicken Nachos	Western Fritatta	
Pickles	Cucumber Salad	Lettuce, Tomatoes, Onion,	Peppers, Onions, Ham, Cheese	
Coleslaw, Confetti Corn		Salsa, Sour Cream, Rice	Hashbrowns, Biscuit	LCSD No School - Confrence Day
Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	
Assorted Fresh & Calified Fruit Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	
10/13/2025	10/14/2025	10/15/2025	10/16/2025	10/17/2025
	BBQ Chicken Bowl	Chicken Stir Fry	Stuffed Shells	Assorted Pizza Choices
LCSD No School - Columbus Day	Mashed Potatoes	Oriental Vegetables	Tossed Salad	Greek Salad
LEGIS NO SCHOOL COldinists Buy	Corn, Cheddar, Cornbread	Rice. Chow Mein Noodles	Garlic Bread Stick	Greek Salaa
	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit
	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety
10/20/2025	10/21/2025	10/22/2025	10/23/2025	10/24/2025
Cheeseburger on a Pretzel Bun	Cheese Baked Ziti	Sweet Chili Meatballs	NYS Thursday	Assorted Pizza
Sauteed Mushrooms and Onions	Roasted Zucchini and Squash	Savory Rice	Maple BBQ Baked Leg Quarters	Carrot Sticks with Ranch
Swiss or Cheddar Cheese	Three Bean Salad	Broccoli	Kale Salad with Apple Vin	
Canadain Bacon			Baked Potatoes	
Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit
Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety
10/27/2025	10/28/2025	10/29/2025	10/30/2025	10/31/2025
Meatball Hero's on a Sub Roll	Hot Roast Beef	BREAKFAST FOR LUNCH!	Beef Tacos with Soft Tortilla Shell	Assorted Pizza Choices
Balsamic Tomato Salad	Horseradish Cream, Mashed Potatoes,	Waffles	Lettuce, Tomato, Onions	Celery and Carrot Sticks with Ranch
	Corn, Dinner Roll	Housemade Strawberry Sauce, Sausage	Refried Beans, Sour Cream, Salsa, Rice	
		Hashbrowns		
Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit	Assorted Fresh & Canned Fruit
Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety	Assorted Milk Variety