

NUTRIKIDS

Liberty School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 ****SELECT ONE ENTREE**** CHEESE PIZZA SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN NOODLE SOUP SIDE SALAD FRESH FRUIT SLICED PEARS **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 2 ****SELECT ONE ENTREE**** SLOPPY JOE ON A BUN TUNA SALAD PLATE SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** VEGETABLE SOUP SIDE SALAD FRESH FRUIT FRUIT COCKTAIL **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 3 ****SELECT ONE ENTREE**** GRILLED CHEESE SANDWICH CHEESE PIZZA SANDWICH/VARIETY HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** TOMATO SOUP SIDE SALAD FRESH FRUIT SLICED PEACHES **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY
Feb - 6 ****SELECT ONE ENTREE**** HOT DOG / ROLL SANDWICH/VARIETY CHEESE PIZZA HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN NOODLE SOUP BAKED BEANS SIDE SALAD COLE SLAW FRESH FRUIT APPLESAUCE **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 7 ****SELECT ONE ENTREE**** CHICKEN PATTY / BUN SANDWICH/VARIETY CHEESE PIZZA HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN RICE SOUP POTATO PUFFS SIDE SALAD FRESH FRUIT SLICED PEACHES **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 8 ****SELECT ONE ENTREE**** CHEESE PIZZA SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN NOODLE SOUP SIDE SALAD FRESH FRUIT SLICED PEARS **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 9 ****SELECT ONE ENTREE**** BAKED MEATLOAF/GRAVY EGG SALAD SANDWICH CHEESE PIZZA HERO VARIETY SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** VEGETABLE SOUP MASHED POTATOES CORN SIDE SALAD SLICED PEACHES FRESH FRUIT **CHOOSE ONE ** BREAD RICE PUDDING MACARONI SALAD MILK - VARIETY	Feb - 10 ****SELECT ONE ENTREE**** MACARONI AND CHEESE TUNA SALAD PLATE CHEESE PIZZA HERO VARIETY SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** MAN. CLAM CHOWDER SIDE SALAD FRESH FRUIT APPLESAUCE **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Liberty School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 13 ****SELECT ONE ENTREE**** HAMBURGER ON A BUN SANDWICH/VARIETY CHEESE PIZZA HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** VEGETABLE SOUP BAKED BEANS SIDE SALAD FRESH FRUIT FRUIT COCKTAIL **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 14 ****SELECT ONE ENTREE**** CHICKEN PATTY / BUN SANDWICH/VARIETY CHEESE PIZZA HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN RICE SOUP POTATO PUFFS SIDE SALAD FRESH FRUIT SLICED PEACHES **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 15 ****SELECT ONE ENTREE**** CHEESE PIZZA SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN NOODLE SOUP SIDE SALAD FRESH FRUIT SLICED PEARS **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 16 ****SELECT ONE ENTREE**** TACO,BEEF TUNA SALAD PLATE CHEESE PIZZA SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** MINESTRONE SIDE SALAD FRESH FRUIT APPLESAUCE **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 17 SUPT'S. CONF. DAY SCHOOL CLOSED TODAY !!!!! ***MEALS MAY BE PAID IN ADVANCE***
Feb - 20 ***PRESIDENTS DAY*** LIBERTY SCHOOLS CLOSED	Feb - 21 ****SELECT ONE ENTREE**** SPAGHETTI AND MEAT SAUCE TUNA SALAD PLATE SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** TOMATO SOUP SIDE SALAD FRESH FRUIT APPLESAUCE **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 22 ****SELECT ONE ENTREE**** CHEESE PIZZA SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN NOODLE SOUP SIDE SALAD FRESH FRUIT SLICED PEARS **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 23 ****SELECT ONE ENTREE**** HAMBURGER ON A BUN SANDWICH/VARIETY CHEESE PIZZA HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** VEGETABLE SOUP BAKED BEANS SIDE SALAD FRESH FRUIT FRUIT COCKTAIL **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 24 ****SELECT ONE ENTREE**** GRILLED CHEESE SANDWICH CHEESE PIZZA SANDWICH/VARIETY HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** TOMATO SOUP SIDE SALAD FRESH FRUIT SLICED PEACHES **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY

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Liberty School Lunch

Jan 24, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 27 ****SELECT ONE ENTREE**** CHICKEN PATTY / BUN SANDWICH/VARIETY CHEESE PIZZA HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN RICE SOUP POTATO PUFFS SIDE SALAD FRESH FRUIT SLICED PEACHES **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 28 ****SELECT ONE ENTREE**** HOT DOG / ROLL SANDWICH/VARIETY CHEESE PIZZA HERO VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN NOODLE SOUP BAKED BEANS SIDE SALAD COLE SLAW FRESH FRUIT APPLESAUCE **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY	Feb - 29 ****SELECT ONE ENTREE**** CHEESE PIZZA SANDWICH/VARIETY *CHOOSE ANY 2 SIDE DISHES ** CHICKEN NOODLE SOUP SIDE SALAD FRESH FRUIT SLICED PEARS **CHOOSE ONE ** BREAD MACARONI SALAD MILK - VARIETY		

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